

Swallowtail Yoga Teacher Training

APPLICATION

All information will be kept confidential. Please use additional pages as needed.

Name

Address

Phone (home)

Phone (business)

Phone (cell)

E-mail

Age

Birthday

Web Site

Current Occupation

These questions are meant to clarify where you are now.

1. When did you first come to the yoga practice? Who has influenced you in your yoga practice?

2. Please list the styles of yoga that have influenced you. Where and with whom do you usually practice? Describe your current yoga practice.

3. How has practicing yoga affected you and your relationship to the world?

4. Share your experience with any other body-mind practices.

5. Do you have teaching experience? Do you teach now? Do you want to teach? If yes, what do you want to share and with whom?

6. Why have you chosen this training? What are you hoping for?

7. How did you hear about this training?

8. Briefly share any part of your life history that you think is important as it relates to participating in this training.

9. Do you have any physical or emotional conditions or injuries that could affect your participation in this program? If yes, please describe.

In case of emergency, please contact

Name Phone

Physician Phone

Therapist Phone

Health Insurance Provider Phone

Please return this application along with a check in the amount of \$200 payable to **Swallowtail Yoga**. This is a non-refundable fee if accepted into the program. The balance of the tuition is due no later than December. If full payment by December is not feasible, a payment plan is available and described on the next page.

Thank you for your interest in Swallowtail Yoga Teacher Training.

Swallowtail Yoga Teacher Training Tuition and Payment Plan Agreement

Tuition: \$2900

Application Fee (non-refundable if accepted): \$200 (to be applied to tuition upon acceptance)

Deposit: \$500 due no later than ten (10) days after written acceptance

Balance (due prior to December): \$2200

Early Registration Discount: \$100 if tuition is paid in full by October 15

Additional classes with Elaine are required over the course of the year. It is recommended that you take class with Elaine regularly. Please note that the cost of these additional classes is not included in the tuition. Elaine teaches at Hobbs House, at the Yoga Loft, and at Green Tea Yoga.

Other expenses include but are not limited to books and attendance at several yoga classes taught by other teachers. Access to email is extremely helpful.

Payment Plan:

\$500 deposit no later than ten (10) days after acceptance

\$500 payable no later than January 1

\$1050 payable no later than April 1

\$850 payable no later than September 1

REFUND POLICY

A full tuition refund, less the \$200 non-refundable application fee, will be made to any student who cancels by written notice before the commencement of classes. Once classes have commenced, 50% of tuition, less the \$200 non-refundable application fee, will be made to any student who cancels by written notice before the second weekend. 25% of tuition, less the \$200 non-refundable application fee, will be made to any student who cancels by written notice before the third weekend. After that, no refunds will be made.

I have read, understand, and agree to the above terms and policies.

Signature

Date

I agree to pay tuition by the payment plan. Yes No

Please send application and Payment Plan Agreement to

Swallowtail Yoga, Elaine Wintman, 11 Warren Street #1, Salem, MA 01970